

## IELTS Writing Task 2

### Do the Advantages Outweigh the Disadvantages?

**You should spend about 40 minutes on this task.**

**Write about the following topic**

*Today children spend a lot of their free time watching TV.  
Do the advantages outweigh the disadvantages of this practice?*

**Give reasons for your answers and include any relevant examples from your own knowledge or experience.**

**Write at least 250 words.**

In contemporary society youngsters spend a sizeable amount of their leisure time watching television. This essay will detail the reasons why the benefits and drawbacks are of equal importance.

For children, there are several advantages to watching television. To begin with, the educational content of certain programs can broaden their knowledge. TV channels such as National Geographic provide a variety of educationally rich content that enables youngsters to learn about other cultures and the natural world. Moreover, from the perspective of entertainment, television can help children relax, especially during periods of pressure at school such as the exam season. These relaxation periods are essential for pupils to reinvigorate themselves which, in turn, can energize them to approach their schoolwork with renewed motivation.

On the other hand, the downsides of excessive TV watching cannot be ignored. For instance, watching TV is a passive activity that can lead to a sedentary lifestyle that can have a negative impact on children's physical health. It has been proved that one of the factors contributing to the increasing number of obese children is a lack of physical exercise. Additionally, some TV shows may contain content that is inappropriate for minors, such as excessive violence or certain vices. Therefore, parental guidance through the monitoring of what children watch is important.

In conclusion, there are several positives such as the educational value and the relaxation time that watching TV can provide. However, the negatives should not be forgotten and include unsuitable programs for youngsters and an inactive lifestyle.

**251 words**